

# Employee Counselling Support



Marie  
Finan  
Counselling

## Overview

Confidential, professional counselling support for employees, designed to help individuals manage stress, anxiety, grief, and work-related challenges. This service offers organisations a flexible and responsive approach to employee wellbeing.

## What the Service Offers

- Confidential one-to-one counselling sessions for employees
- Support with stress, anxiety, grief, burnout and workplace pressures
- Flexible appointment times (in-person and online options available)
- A safe, non-judgemental and professional therapeutic space
- Priority access for organisations under retainer agreements

## Pricing

- Individual session: £100 (50 minutes)
- Block booking (6 sessions): £550
- Monthly retainer: £450 per month (includes up to 5 sessions)

## Retainer Details

- Includes up to 5 sessions per month
- Priority booking for employees
- Sessions are allocated monthly and do not roll over
- Additional sessions can be booked at £100 per session
- Designed to provide consistent and reliable support for your organisation

## Terms & Conditions

- Sessions are confidential between counsellor and employee, within ethical and safeguarding limits
- No personal information is shared with employers without explicit consent
- Payment is required in advance for block bookings and retainers
- Monthly retainers secure availability rather than guaranteeing usage
- Unused sessions do not roll over
- Additional sessions charged at £100 per session
- Minimum one month's notice required to amend or cancel a retainer
- Sessions cancelled with less than 24 hours' notice may be charged in full

For further information or to discuss how this service could support your organisation, please get in touch.

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